



March 25, 2013

Island Insight



This publication is published weekly and contains information about, for, and of interest to the Island Workforce. This document is also available on the Island Intranet under "Information" and on the installation website at www.ria.army.mil under "About USAG-RIA" and then "News" and "Local News."

Island Insight Submission: <https://home.ria.army.mil/sites/ii/ii.cfm>



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INCLEMENT WEATHER
OPERATING STATUS

ASC CG Addresses Furloughs, Command Survey Results, Way

Forward at Town Hall: Discussion of furloughs was first and foremost on the minds of Army Sustainment Command personnel attending the first town hall March 19 conducted by their commanding general since taking charge last September. "It's a great honor and privilege to be here," said Brig. Gen. John Wharton, who is also the senior mission commander of Rock Island

Arsenal, Ill. "Everyone [in Army leadership] knows what we do. It wasn't always like that," he told the audience in the packed Baylor Conference Room in Building 103. Live streaming video was available for those off-site and for those not able to personally attend. The potential furloughs are slated to take effect late April. This is a "national budget crisis," Wharton explained, "not a negative reflection of our mission or performance." But before furloughs

become a reality, civilian employees will receive a 30-day advance proposal during the last week of March. Supervisor's will issue them either face-to-face or by certified mail. "If you look me square in the eye, I'll tell you. I'll always be open and honest with you," Wharton said. The furloughs -- expected to last from April 21 through Sept. 20 of this fiscal year -- will result



in a 20 percent reduction in pay for most civilian employees in the Department of Defense. This is based on working four days a week each pay period. ([More](#))

Financial Tips for "Weathering the Furlough": If you're a federal employee like me, unpaid furlough days might be in our future. It's an unpleasant possibility for many federal employees. Offered below are some tips to help anyone in similar circumstances to "weather the furlough." Read on for ways to hopefully manage without going broke or losing your quality of life. When battling the budget, you have three options: (1) decrease expenses; (2) increase income; or (3) do both. ([More](#))



Arsenal Announces Plans to "Rebrand": I'm not waiting, that's what Brig. Gen. John Wharton told city leaders Thursday, when it comes to implementing his vision for the Rock Island Arsenal. The general says the arsenal needs a new image, in order to continue to thrive in this era of cutbacks. "We're known as



the arsenal but sometimes the noun arsenal might not be as advantageous to us in the future." Right now the island we all know as the Arsenal does way more than manufacture weapons. It's home to the Army Sustainment Command, and is responsible for getting food, clothes and supplies to soldiers all over the world. ([More](#))

Health Fair Bridges Gap Between Military, Local Communities: Rock Island Arsenal Fitness Center Health Fair, Feb. 13, invited vendors to share health, fitness and wellness opportunities in the QC. The RIA Fitness Center holds its annual health fair the week of Valentine's Day. "The health fair started years ago with just eight vendors," said Desiree Aidala, fitness and wellness specialist. ([More](#))



Congress Agrees to Extend Pay Freeze for Third Year: Congress on Thursday agreed on a measure to keep the government running through the end of the fiscal year. The bill, which also extends the



Upcoming Dates

March 24-30: National LGBT Health Awareness Week
March 25: Medal of Honor Day
March 25-29: Iowa Severe Weather Awareness Week
March 25-30: National Youth Violence Prevention Week
March 26: American Diabetes Association Alert Day
March 27: Iowa Tornado Drill Day
March 27: American Diabetes Alert Day
March 27: National Kick Butts Day
March 27: Passport Day
March 29: Good Friday (*Wall Street Closed*)
March 30: Welcome Home Vietnam Veterans Day
March 30: International Doctors' Day
March 31: Easter Sunday
April 1: April Fool's Day
April 1-7: National Cell Phone Recycling Week
April 1-7: National Public Health Week
April 2: World Autism Awareness Day
April 3: National Start! Walking Day
April 4: NATO 64th Birthday
April 7-13: National Window Safety Week
April 9: National Former Prisoner of War Recognition Day
April 9: National Library Workers Day
April 10: American Cadet Alliance 104th Birthday
April 10: National Bookmobile Day
April 11: Support Teen Literature Day
April 14: Air Force Reserve 65th Birthday
April 15: Tax Day
April 15: National Buy a Gun Day
April 15-21: National Screen-Free Week
April 16: Emancipation Day
April 16: National Healthcare Decisions Day
April 16: Secure Your ID Day
April 19: Oklahoma City Bombing 18th Anniversary



pay freeze on federal employees, now heads to President Obama. The House put its stamp of approval on the \$984 billion spending package that the Senate passed on Wednesday. ([More](#))

DoD Delays Sending Furlough Notices to Civilian Employees:

Pentagon officials have put off sending furlough notices to civilian employees until they've had a chance to analyze how pending legislation that would fund the federal government for the rest of the fiscal year will affect the Defense Department. Officials now estimate that furlough notices will go out on or about April 5, said Navy Cmdr. Leslie Hull-Ryde, a Pentagon spokesperson. ([More](#))



Senate Passes 2014 Budget That Would Reverse Sequestration:

Following a day and an evening of debate and a "vote-a-rama," the Democratic-controlled Senate early Saturday gave final approval to a budget resolution that differs starkly with the



Republican-controlled House version, setting up months of coming clashes over spending bills. After senators had prepared some 400 amendments, only a few dozen were brought to a recorded or voice vote, leading up to a 50-49 vote for final passage that broke down largely along party lines, with four Democrats voting against it. ([More](#))

Young Federal Workers Worry About How to Pay Student Loans If They Are Furloughed:

Joe Hyde thought that getting a job with the Department of Defense was a safe career path. But faced with sequestration and a 20-percent pay cut, he and other federal employees are worried about how they will afford to repay their student loans. ([More](#))



OPM to Offer Webinar on Domestic and Sexual Violence in the Workplace:

OPM will offer a webinar on Wednesday, March 27 from 2-3:30 p.m. EST to discuss the roles and responsibilities of Federal agencies in responding to domestic and



sexual violence in the workplace, provide an overview of OPM's guidance to Federal agencies, and give an overview of the network of domestic violence and sexual assault services. This is the first of three webinars on OPM's Guide for Agency-Specific Domestic Violence, Sexual Assault, and Stalking Policies. ([More](#))

Officials Sound the Alarm Over Retention, Recruitment:

The furloughs, pay freezes, possible retirement benefit cuts and other dire news for federal employees threaten to shatter the government's recruitment and retention efforts, Obama administration officials and union leaders said Wednesday. ([More](#))



Gimme My Discount!: Government jobs might be more stable than most, but that doesn't mean federal employees aren't watching their pocketbooks. Luckily, one of the perks of being a government worker is that there are many companies eager



to thank public servants by offering them deals on everything from Caribbean vacations to iPods. The following is a sampling of just some of the discounts available to federal employees, retirees and military members. We plan to update it regularly with your suggestions, so check back often for new additions. ([More](#))

Lunch @ Your Desk: The Deliver2yourdesk.com web site will be fully operational as of **April 1**. This will allow customers to log in to the web site and order anything featured in Bldg. 60's cafeteria or Káva Café to be delivered to their desk, and pay online using credit or debit cards or in cash. The service is currently available by calling (309) 782-0500. Delivery charge is \$2, free for orders more than \$20. Every 6th delivery is free. Please allow 20-30 minutes for delivery. Breakfast delivery available Monday – Friday, 6-8:30 a.m., lunch delivery available 10:30 a.m. – 12:30 p.m. Káva Café delivery available 6 a.m. – 12:30 p.m. Káva Café will launch their full line of smoothies on **March 27**. Visit [our Facebook page to find a BOGO coupon for March 27](#)

KÁVA CAFÉ



(BOGO for in house only, does not apply to deliveries).

Army Community Service/ Army Family Team Building: AFTB Level 1, **March 27-28**, 9 a.m. - 2:30 p.m. at ACS, Bldg. 110. Military members, family members, civilians and contractors can attend. Call ACS (309) 782-0829 to register. Civilians can also search "AFTB" in [TEDs](#).



Blood Drive: The Mississippi Valley Regional Blood Center is hosting a blood drive in the Caisson Room (First Floor, Bldg. 60), on **Friday, April 12, 10 a.m. – 12 p.m.** If you would like to donate at this blood drive, feel free to e-mail SHoegerl@mvrbc.com with the time you'd like to schedule, or call their Donor Center at (563) 359-5401, ext. 119. A **2nd shift** blood drive will be held in the Cafeteria (Bldg. 210) beginning at **6:15 p.m. on March 29**. A **3rd shift** blood drive will be held in the Cafeteria (Bldg. 210) beginning at **2:15 a.m. on May 10**. To sign up for a blood drive held on either the 2nd or 3rd shift, donors



should contact their shift supervisor. ([Blood Transfusion En Route to Trauma Center Keeps Navy Vet Alive](#))



Charlie Corpuscle Says, "We will have a drawing for a red Mississippi Valley Regional Blood Center polo. Any donors giving on the Arsenal during the month of April will be included in the drawing. Winner will be allowed to specify their size preference."



The Army encourages its employees to volunteer as candidates for any of the variety of medical donor programs, including blood, bone marrow, and organ donor/transplant programs. For additional information [click here](#).

ASC Retirement and Retreat Parking: ASC has requested that 32 parking spaces along Gillespie Street near Quarters 1 be reserved to support the Quarterly Retreat and Retirement Ceremony on **March 28**. In case of inclement weather conditions 30 spaces in lot 3B (#35-64), will be required on **March 28**. A cannon volley will require a short closure of



Rodman Ave in front of Bldg. 225 for no more than 10 minutes at approximately 2 p.m. on **March 27** for rehearsal and again on March 28 for the ceremony. ASC POC is Billie Edwards at (563) 782-5583.

Garrison Employment Event: The Rock Island Arsenal-Garrison will host an Employment Event in Heritage Hall, Bldg. 60, **April 17**, 9 a.m. – 1 p.m. In support of this effort, the Garrison asks that our RIA organizational leaders, commanders and first sergeants encourage our transitioning Soldiers, civilians and Family members to attend this important job opportunity event. Come and meet with employers from the Social Security Administration, Business Franchise Consulting, Inc., Genesis Health Systems, APAC Customer Services, Inc., Black Hawk College and others. Most of these organizations have vacancies and are looking for our good candidates. In addition to the potential employers, we are also anticipating representatives from several educational institutions who will be available to talk with individuals looking to resume or



continue their education or change career fields. Hope to see you there!

Corps of Engineers' Boating Safety

Class: The U.S. Army Corps of Engineers Mississippi River Project will be offering five different opportunities to attend a free boating safety education class. The classes will be held on the following dates: **March 30, April 13, April 27, and May 11.** Each class will run 8 a.m. - 4:30 p.m. and only one eight-hour class is required to complete your certification. This class is recommended for people who are new to boating on the Mississippi River, families that enjoy weekend boating adventures, or seasoned boaters who would just like to brush up on their safe boating knowledge. Anyone over the age of 12 can be certified. This is a classroom based safety course and will not include an on-the-water experience. Upon successful completion of the class and exam, participants will be issued an Illinois DNR Boat Safety certification which is honored in both Iowa and Illinois. These classes will be held at the Mississippi River Project Office at Locks and Dam 14 in Pleasant Valley, Iowa. Pre-registration is required, space



is limited, and the classes fill quickly. To register, contact the park rangers at (309) 794-5338. ([More](#))

Review Your Official Personnel Folder Before June 1:

The CPAC reminds Arsenal Island employees that there is a need for you to access your eOPF (electronic Official Personnel Folder) record in order to ensure your records are correct and complete in advance of the destruction of the hard-copy OPF, currently scheduled for June 1. Effective Oct. 31, employees should have had access to their Official Personnel Folder electronically. Please review the information and follow the instructions to gain access to view your eOPF in the links at the end of this announcement, which link to a packet that also contains a welcome letter for new eOPF users, a screen-shot guide to access, FAQs as well as password reset information. For questions or concerns with the eOPF system, please contact eOPF by calling the Help Desk at 1-866-275-8518 or by contacting them via email at eOPF_hd@telesishq.com. ([eOPF Welcome Letter & Packet](#)) ([Additional information on eOPF](#))



Rock Island Arsenal Historical

Society Meeting: Frank Krakow will speak about archaeology and display part of his collection at the Arsenal Island Golf Clubhouse. If you join us for dinner, advanced reservations must be made with Linda at (563) 355-6165, by **April 1**. The program is free and open to the public.

Date: **Thursday, April 4**

Time: **6 p.m. Dinner, and 7 p.m.**

Speaker

Administrative Professional's Day

Taco Buffet: There will be an all you care to eat taco buffet in the Arsenal Club, Bldg. 60, 11 a.m. – 1 p.m., on Wednesday, **April 24**. The buffet will include all the fixings for tacos (shredded lettuce, cheese, onion, tomato, black olives, jalapeños, etc.), refried beans, Spanish rice, salad bar with dressings, chicken tortilla soup, beverages (soda, coffee, iced tea and water) and dessert for \$8.75 (includes tax).



The Arc BSC Closed for Inventory:

Arc Business Supply-BSC (Base Supply Center) will close at 12 p.m. on Wednesday, **March 27**, and Thursday,

March 28. Then closed all day Friday, **March 29** for a routine physical inventory. Item requests can still be made via email, abs@arcqca.org, or website, www.arcbusinesssupply.org. Thank you for your support.

Pure Element Arsenal Island

Discount: Pure Element, a local health and wellness shop serving nutritional smoothies/shakes in Rock Island, is offering an exclusive discounted price to Arsenal Island employees. For \$5.75 Arsenal patrons will receive their meal and a 10 percent discount on their products through **April 15**.



Esprit de Corps Toastmasters: Esprit de Corps Toastmasters meets on the 1st and 3rd Wednesday each month at the Clock Tower Building from 11:45 a.m. to 12:45 p.m. ... bring your lunch. The mission of a Toastmaster club is to provide a mutually supportive and positive learning environment in which every member has the opportunity to develop



communication and leadership skills, which in turn foster self-confidence and personal growth ... join us.

USO Rock Island: USO – Rock Island, Bldg. 110, 1-SE, USO Hours of Operation:

Monday – Friday:

8 a.m. – 4:30 p.m.

Available

amenities: Wi-Fi,

Foosball,

Cards/Poker Chips, X-box 360, DVD and Movies, Games and Puzzles. Room to hold a small meeting. Free to take books & magazines. Snacks and drinks for you to enjoy. Questions call (309) 206-4253.



Buy 1 Get 1 Free Large Jar Candles at Yankee Candle, Plus 10% Military Discount:

Bring your employee ID to the local Yankee Candle store at Northpark Mall and receive a free large jar for each regularly priced large jar you purchase. Plus Yankee Candle now offers a 10 percent military discount on all purchases every day. Just bring in a valid military ID to receive the additional discount.



Arsenal Attic Thrift Shop &

Boutique: Now available at the Thrift Shop: Couch and love seat, reasonable and like new. Plus coffee tables, end tables, and lamps. Many items half off. Open every Tuesday, Thursday and 3rd Saturday, 9 a.m. – 3 p.m. Located in Bldg. 60 Basement. Visit Arsenal Attic on Facebook. POC: (309) 782-6977.

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Arsenal Traffic/Construction



North Avenue Repair & Closures

Update: Directorate of Public Works is postponing storm sewer and paving work on the intersection of North Avenue and Gillespie until **March-May** due to weather concerns. Minor work on Phases 1 and 2 is expected to be completed within the next two weeks. Please avoid walking through the newly backfilled areas, as these areas are soft and pose a potential safety hazard. POC: Joe Gumpert, (309) 782-1389.

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Building/Space Closures



Closure of Third Floors in Bldg. 61,

Bldg. 62: The Directorate of Public Works plans to close Bldg. 61 3rd floor and Bldg. 62 3rd floor, East and South

Wings, **Sept. 10 - 3rd week in May** to execute projects. Closure is to prevent individuals from entering the work area and to preclude any potential accidents. Plastic enclosures will be installed from the passenger elevator in Bldg. 62 to the eastern most stairwell in Bldg. 61 so employees in Bldg. 62/3/W have an entry/exit pathway. Entries will be marked with signage and barriers to prevent entry.

←-----→

Active Duty/Reserve Zone



Congress Passes Bill to Force

Reinstatement of Tuition Assistance:

Congress will force military officials to reinstate tuition assistance funding for the rest of the fiscal year after troops and veterans protested the end of the education benefit. On Wednesday, the Senate included the tuition assistance rules as part of their plan to fund federal programs through September. On Thursday, the House agreed with the proposal, and the president is expected to sign it into law in coming days.

[\(More\)](#)

Army Suspends Combatives,

Competitions: Annual competitions pitting soldiers against one another to

crown the next best Ranger or drill sergeant or warrior or hand-to-hand fighter have been scaled back or postponed in light of the Army's budget crisis. The command most affected appears to be Training and Doctrine Command, which holds numerous competitions each year. "TRADOC has postponed all competitive events internal to TRADOC or hosted by TRADOC for the Army," said Col. Christian Kubik, spokesman for the command. The directive is outlined in an operations order issued Feb. 8, Kubik said. [\(More\)](#)

RIA Tax Center is Here for You This Tax Season:

The April 15 federal and state income tax filing deadlines are fast approaching. The Rock Island Arsenal Tax Center is here to assist active duty military members, retired service members, and qualifying dependants with their tax preparation and filing needs. The Tax Center is scheduled to remain open and accept clients through **April 10**.

Implementation issues relating to the American Tax Relief Act have been resolved. Accordingly, the IRS is now accepting all previously delayed returns

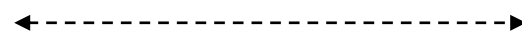


to include those involving rental properties and residential energy credits. Eligible clients still in need of tax assistance are encouraged to contact the Tax Center at their earliest convenience ... do not delay. As in years past, the Tax Center principally uses a drop off service. Drop off and follow-up appointments should be coordinated with [Laura McSparin](#), (309) 782-8327. The Tax Center is located in Bldg. 390, first floor, Suite 102 / Room 102B. If you are unfamiliar with Bldg. 390, please note that it is a controlled access facility. If you do not have access to Bldg. 390, you will need to call the Tax Center upon arrival using one of the access phones located at the east, south, and west entrances (dial extension 2-8327; alternate extensions 2-8076/ 2-6978). The Tax Center hours of operation are Monday – Friday, 9 a.m. – 4 p.m. If your circumstances necessitate special accommodations, we're happy to adjust our standard operations try to accommodate you but this requires prior coordination. In order to assist you with your tax returns, you will need to obtain and provide documents detailing all sources of income, as well as, those necessary to support eligible deductions and credits. You should be on the lookout for W-2s, 1099s and interest and dividend statements, which should show

up in your mailbox or your online accounts. Required documents are outlined in greater detail in the "[RIA Tax Client Letter](#)." In addition to required substantiating documentation, clients will need to complete the "[RIA Tax Center Client Intake](#)."

Army Entering Period of Innovation,

Critical Investments: The Army learned the art of adaptation throughout the last 12 years of war, but is now moving into a period of innovation that will require critical investments for the force of the future. "Adaptation is driven by some emergency and arguably what we've done for the last dozen years at war," said Lt. Gen. Keith C. Walker, director of the Army Capabilities Integration Center and deputy commander for Army Futures. "Our Army, as part of its lifecycle, was going through a period of adaptation." ([More](#))



Safety Spotlight



What Is Distracted Driving?:

Distracted driving is any activity that could divert a person's attention away from the primary task of driving. All distractions endanger driver, passenger, and bystander safety. These types of distractions include: • Texting; • Using a

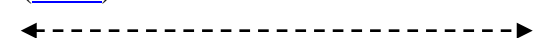
cell phone or smart phone; • Eating and drinking; • Talking to passengers; • Grooming; • Reading, including maps; • Using a navigation system; • Watching a video; and • Adjusting a radio, CD player, or MP3 player. But, because text messaging requires visual, manual, and cognitive attention from the driver, it is by far the most alarming distraction. The best way to end distracted driving is to educate all Americans about the danger it poses. To learn more, please visit www.distraction.gov. Please share what you learn with others. Together, we can help save lives.

SecArmy: Strong Safety Culture

Results In Accident Reduction:

U.S. Army Combat Readiness/Safety Center officials recently hosted Secretary of the Army John McHugh at the center's state-of-the-art Crash Dynamics Lab. Secretary McHugh visited the facility to see first-hand the rigorous training courses conducted here for safety professionals throughout the Department of Defense. "This is a one-of-a kind facility," McHugh said. "Its work is important in saving lives through safety awareness and accident prevention."

([More](#))

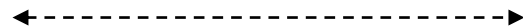


Equal Opportunity Focus





Women's History Month, 2013: For more than two centuries, our Nation has grown under the simple creed that each of us is created equal. It is a notion that makes America unlike any other place on earth -- a country where no matter where you come from or what you look like, you can go as far as your talents will take you. Women's History Month is a time to remember those who fought to make that freedom as real for our daughters as for our sons. Written out of the promise of the franchise, they were women who reached up to close the gap between what America was and what it could be. ([More](#)) ([StandTo!](#))



Morale, Welfare & Recreation (MWR)



Morale, Welfare & Recreation (MWR): Visit the MWR website at www.riamwr.com for information on all MWR programs. Also [click here](#) to become a fan on Facebook and stay up

to date on all the great MWR offerings here at the Arsenal.

New Twitter Account for the Arsenal Island Golf Course: Although it may be hard to believe with the recent snow, golf season is right around the corner. Come follow us on Twitter [@golf1897](https://twitter.com/golf1897) for course updates and interesting golf commentary from our pro.

Arsenal Island Golf Course Clubhouse Reopening: The Arsenal Island Golf Clubhouse will re-open for lunch on Tuesday, **April 16**. The Clubhouse will resume its normal hours of operation which are Tuesday - Friday 10:30 a.m. - 2 p.m. Come see the renovations and updates to the Club and try some of our tasty new menu items including an Italian Panini, fried egg sandwich, the BG burger (topped with ham and a fried egg) or our new "pick two lunch combo" where you get your choice of a ½ sandwich, salad or soup.

Now Booking Graduation Parties at the Arsenal Island Golf Clubhouse: If you're looking for a unique, historically significant and centrally located venue to host upcoming graduation parties, look no further than the Golf Clubhouse. Our catering and banquet staff excel at making sure your event goes off without

a hitch. Check out our [catering guide here](#) and call the catering manager at (309) 782-4372 to reserve your date as the schedule is filling up fast.

Trivia Night at the Arsenal Club: Join us Friday, **April 5**, for our monthly trivia night presented by Mixx Master Entertainment. This new, fun multi-media format will test your knowledge on a variety of topics ranging from world history and literature to pop culture and sports. The cost is \$5/player or \$30 for a table of eight, maximum of eight players/team. Prizes for winning teams and lots of other door prizes and drawings as well. Call (309) 782-6319 for more info or to sign up. ([Flyer](#))

April is Car Care Month: All month long at the Auto Skills shop you can get a \$20 standard oil change. Get your vehicle checked at the free inspection day on **April 20** and learn how to change your own oil at the oil change clinic on **April 17**. Call (309) 782-8631 for info and appointments.

Beer Pairing Dinner: Enjoy samples of beer from locally owned, Bent River Brewing Company that are perfectly paired with fine cuisine prepared by our executive chef. The cost is \$50/person. Look for a link in next week's Insight for



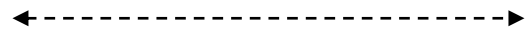
the full menu and beer selections. Call (309) 782-4372 for more info and to make a reservation.

Date: **Friday, April 19**

Time: **7 p.m.**

Spring Vendor Fair: There will be a spring vendor fair on **April 24 & 25**, 9 a.m. – 1 p.m., in Heritage Hall (Bldg. 60) Some of your favorite vendors will be there selling everything from jewelry to home baked goodies and everything in between. Call (309) 782-5890 for more info. ([Flyer](#))

Electronic Marquee Outage: The operating system used to update the outdoor marquee signs on either side of the Island has become obsolete and inoperable. Consequently no requests for messages can be fulfilled and the signs have been shut off at this time. The Garrison is working towards a solution and a future message will be sent out as information becomes available about whether the signs can be repaired or replaced.



MWR Leisure Travel Office



Office Hours: Monday through Friday, 9 a.m. – 3 p.m., Bldg. 60. The office is

closed for lunch from 10:30–11 a.m., (309) 782-5890. ([email](#)) ([website](#))

A Mighty Fortress Is Our Basement -- Circa '21 Dinner Playhouse:

In the latest installment, A Mighty Fortress Is Our Basement, the year is 1960 and a reformation is underway. The Church Basement Ladies are once again required to face change head-on. With more crazy antics, more great new songs and more lessons reluctantly learned. Seats on sale until **April 6** at \$43.50. Date: **Saturday, April 20** Time: **5:45 p.m.**

Monster Jam: Monster Jam returns to the iWireless Center. Leisure Travel has discounted tickets for **April 27** at 7 p.m. and **April 28** at 2 p.m. Adult tickets lower bowl are \$20.50/upper bowl \$17.50. Children under 12 only \$12.50. Discounted seats on sale until **April 1**. ([Flyer](#))

Gordon Lightfoot: Legendary singer-songwriter Gordon Lightfoot will bring his "50 Years on the Carefree Highway Tour" to the Adler. Lightfoot celebrates 50 years of masterful songwriting, multi-platinum albums and international hit songs. Leisure Travel has floor seats for \$46.

Date: **Tuesday, April 30**

Shedd Aquarium/Field Museum:

Leisure Travel has planned a bus trip to Shedd Aquarium or the Field Museum in Chicago. We will provide round trip transportation on a chartered motor coach; ½ hour stop to and from destination. Bring snacks and beverages (no alcohol permitted) along for the ride. Cost is \$41 for transportation only.

Date: **Saturday, May 11**

Time: **6:30 a.m. - 9 p.m.**

Movie Night Gift Cards at Leisure

Travel: Stop by the Leisure Travel Office and pick up a gift card for \$26 that is redeemable at the Regal Moline Stadium Theater for two adult movie tickets and \$10 in concessions. These make great for a present for that special someone in your life. The Leisure Travel Office also is once again selling discounted single movie tickets for \$8.50. Call (309) 782-5890 for more info. ([Flyer](#))

MWR RV Storage and Storage Units:

MWR has several openings for RV storage and Indoor Storage units. For more information or to sign up, please contact Outdoor Recreation at (309) 782-8630.

Time: **8 a.m. - 4 p.m.**



Free Universal Military Only: Active duty and retired members of the military can receive a free three-day, park-to-park ticket with valid military identification. Admission is valid for up to 14 days from first use. Tickets are available for pick up until **March 31** and must be redeemed by **June 30**. Contact LTO at (309) 782-5890.

Child, Youth & School Services

IMCOM Celebrates Month of the Military Child: April has marked the Month of the Military Child as a time to focus national attention on the youngest members of the military community since 1986. This year's theme, "Proud, Ready & Resilient," highlights military children's unique lifestyle and their ability to succeed despite frequent relocations, reintegration, deployments, loss or care for a wounded parent. ([More](#))

Army Certified Family Child Care Provider: Would you, or someone you know, be interested in becoming an Army Certified Family Child Care provider for the Arsenal? We are always looking to bring more FCC providers into our program. You would be doing

childcare out of your home with access to our lending closet for borrowing supplies, as well as certified training provided through the Arsenal. For questions or more details contact our FCC director Nancy Lawson at (309) 782-0813.

Army Community Service (ACS)

ACS is located in Bldg. 110, 1st floor SE; Visit our [ACS website](#) or phone (309) 782-0829. Call ahead for special accommodations when attending ACS classes. Find us on Facebook [click here](#). 24/7 Sexual Assault Hotline: (309) 229-8412



Family Advocacy Program Presents the 5 Love Languages: Come join the Family Advocacy Program on Tuesday, **March 26**, 4 - 5 pm, in the Blackhawk Conference Room, Bldg. 108, 3rd Floor, and enjoy an hour class where you will learn what you and your significant other's love language is. We all have ways in which we give and receive love and often times if our significant other does not have the same love language, communication can be confusing and

difficult to understand. The 5 Love Languages class is designed to help couples understand each other's love language to effectively and consistently help each other feel loved. To RSVP, please call [Jenny Kerr](#) at (309) 782-3049.

Army Family Team Building: Army Family Team Building, an educational program that teaches knowledge of the military, personal growth and resiliency, and leadership skills, is once again being offered at Rock Island Arsenal.



AFTB is offered to the entire military family: military members, family members, civilians and contractors who live and work within the military community. AFTB Level 1: **March 27-28**, 9 a.m. – 2:30 p.m.; AFTB Level 2: **April 10-12**, 8:30 a.m. – 2:30 p.m.; and AFTB Level 3: **May 15-17**, 9 a.m. – 2:30 p.m. Classes will be held at Army Community Service, Bldg. 110, 1st Floor, SE. To register for these free classes, please call ACS at (309) 782-0829.



Employee Assistance Program



For free, confidential counseling assistance or for information on services that are available, call (309) 782-4357. Normal business hours are from 7:30 a.m. – 5 p.m., Monday - Friday. For additional information on the Employee Assistance Program see [our website](#) or visit us on [Facebook](#). The new location for the EAP/ASAP is Bldg. 56, 1st floor, East.

National Alcohol Screening Day –

April 2013: Good news. Did you know that a glass of wine with dinner or beer on Friday night with friends might be good for you! A compilation of research detailing the health benefits of moderate alcohol use suggests that it can reduce the risk of heart disease, stroke, dementia, and even the common cold ([Hanson, 2007](#)). However, this research leads us to ask, what is moderate alcohol use? It is important to distinguish between



moderate and heavy alcohol use, as consuming excessive amounts of alcohol can lead to many problems. In the short term you may be more likely to have an accident, commit a violent act (alcohol use is associated with two out of three incidents of intimate partner violence), or engage in risky sexual behavior that you would normally avoid. Long term health problems, including increased risk of stroke, dementia, depression, high blood pressure and certain cancers are well known for being consequences of heavy alcohol use ([Centers for Disease Control and Prevention, 2008](#)).

To help you know if you are using alcohol moderately rather than in a way that is hazardous, the Rock Island Arsenal Employee Assistance Program is honoring National Alcohol Screening Day, **April 11**, by offering you the opportunity to schedule a screening with an EAP counselor. We here at the Rock Island Arsenal EAP hope that you will raise your glass in the name of good health and take a quick check of your drinking habits to help ensure your good health stays that way.

PTSD Support Groups: Is the quality of your life being affected by Post-Traumatic Stress Disorder? The Rock Island Arsenal Health Clinic and Employee Assistance Program are

sponsoring support groups to assist you through this difficult challenge. Contact Rita Baugh, EAP counselor, at (309) 782-2552 for more details.

Understanding PTSD: The RIA EAP is offering educational classes on Post-Traumatic Stress Disorder. Classes will be held in Bldg. 56, 1st floor, Room 122, 10:30-11:30 a.m., on the following dates: **April 23, May 21, June 25, July 23, and Aug. 27**. Call (309) 782-4357 to enroll.

Smoking Cessation Group: Want to join a supportive group of individuals with a common goal to quit smoking? The Employee Assistance Program offers an ongoing educational support group. The group meets each Wednesday, 3-4 p.m., in the EAP office located in Bldg. 56, 1st floor, East.

National Sleep Awareness – March

2013: Did you sleep well last night? Your answer to this question could tell others much about your mood and energy level today. It has been found that the emotion centers of the brain are over 60 percent more reactive after missing a single night's sleep ([ScienceDaily, 2007](#)). To anyone who has suffered a sleepless night, these results probably aren't surprising.



However, they do offer insight into the link between depression, anxiety, and sleep problems. If you find that you have more than an occasional poor night's sleep, or if you feel exhausted during the day despite sleeping through the night, it may be a sign that you are suffering from depression, anxiety or another mental health condition. Contact the EAP at (309) 782-4357 for free and confidential counseling and referral assistance. Don't let depression or another mental health condition get in the way of your good night's sleep.

Stress Management: The Rock Island Arsenal EAP is offering classes on Stress Management. Classes will be held in Bldg. 56, 1st floor, Room 122, 10:30-11:30 a.m., on the following dates: **April 9, May 7, June 11, July 9, and Aug. 13.** Class size is limited. Call (309) 782-4357 to enroll.

Grief Support Group: The Employee Assistance Program is sponsoring a support group for individuals who are mourning the death of a loved one. The group meets on Tuesdays from 3-4 p.m., in Bldg. 56, 1st floor, Room 122. For more information contact Rita Baugh, EAP counselor, at (309) 782-2552

←-----→

Education/Training Review



The Rock Island Army Education Center is located in Bldg. 56, 1st floor, west end of the building. Office hours: 7:30 a.m. - 4 p.m., Monday - Friday. Phone: (309) 782-2065 Fax: (309) 782-7901. Please visit our [website](#) to learn more.

RIA AUSA 2013 Scholarship

Program: The Rock Island Arsenal Chapter of the AUSA is proud to announce two \$1,000 scholarships available for 2013.

[Applications and all supporting documents](#) must

be received by **April**

30. These two \$1,000 scholarships are for the benefit of all who presently serve or who have served as a member of the United States Armed Forces, whether active, guard, reserve or retired; or as a Department of Defense civilian employee or contractor; or as a member of the Rock Island Arsenal Chapter of the AUSA. This includes immediate family members (spouse, siblings, children or parents) of the above.



Contact us at info@ria-ausa.org if you have any questions. ([More](#))

Post-9/11 GI Bill Transferability of Benefits Policy:

The transferability option under the Post-9/11 GI Bill allows service members to transfer unused benefits to their spouses or dependent children. The Army's Post-9/11 GI Bill provides financial support for education and housing to all members of the active Army, the Army National Guard (ARNG), and the U.S. Army Reserve (USAR) with at least 90 days of aggregate service after Sept. 10, 2001, or individuals discharged with a service-connected disability after 30 days. ([More](#))

SAME Engineering & Construction

Camp: The Rock Island Post of the Society of American Military Engineers is looking to send high school students (currently in grades 9-11) to one of three engineering and construction summer camps. Applications are due by **March 29.** [For application and POC details click HERE.](#)



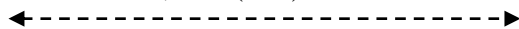
NDIA Scholarships: The Iowa Illinois Chapter NDIA is now accepting



applications for its scholarship program. Scholarship applications and eligibility criteria may be found at www.ndia-ia-il.org under Scholarships. Applications must be postmarked NLT **March 31**. For more information, call (563) 650-3252.

Sgt. Paul Fisher Scholarship: The Iowa Illinois Chapter NDIA is now accepting applications for its scholarship program. Scholarship application and eligibility criteria may be found under Scholarship by clicking www.ndia-ia-il.org. Application submission must be postmarked NLT than midnight **March 31**. For more information, call (563) 650-3252.

Women in Defense Scholarship: WID is now accepting applicants for its scholarship program. Scholarship application and eligibility criteria may be found under Scholarship by clicking <http://wid.ndia.org/chapters/IowaIllinoisChapter/Pages/default.aspx> Application submission must be post marked no later than midnight **April 13**. For more information, call (309) 792-4102.



Commissary / Exchange



The [Rock Island Commissary](#) and the [Exchange](#) are for active duty military and retirees only, with the exception of select items (mainly consumable) at the Exchange that can be purchased by Arsenal Island employees with ID. The Commissary makes fresh fruit baskets daily for you! Shopping for someone who has everything? Problem solved. They are hungry for fresh fruit. Just buy them a fruit basket and relax. Ask our friendly staff to make you one or order one in advance. Check out local specials and get POC information [HERE](#). For information on this and other Commissaries, visit: www.commissaries.com ([Facebook](#))

Commissaries Change Furlough Days to Mondays: Commissaries will close on Mondays if furloughs are required for DoD civilian employees because of sequestration, according to an agreement negotiated between commissary officials and an employees' union, the American Federation of Government Employees Council 172, obtained by Military Times. That's a change from the previous plan to close the stores on Wednesdays during the furlough period, as stated in a Feb. 21 email to all commissary employees from Defense Commissary Agency director Joseph

Jeu. DeCA headquarters will also be closed on Mondays. ([More](#))

Penguins Abound in Your Commissary This Month: Commissary frozen food sections are decorated in March for National Frozen Food Month, just one of many special promotional savings offered throughout the store, according to Joyce Chandler, DeCA's acting sales director. "Commissaries all over the world are celebrating Frozen Food Month in March," Chandler said. "Shoppers will discover everything from greater savings on frozen foods to product demonstrations and high-value coupons 'bundled up' with participating products throughout their store." DeCA's industry partners - vendors, suppliers and brokers - are collaborating with commissaries in March to offer discounts beyond everyday savings. Overseas stores may have substitute events for certain promotional programs. ([More](#))

Food Safety Alerts: For information about the latest food-safety alerts and product recalls affecting military commissaries, visit www.commissaries.com and click on the Food & Product Recalls under the Quick Links box on the front page. For general food-safety information, visit



the website and choose Food Safety at the bottom of the page.

Sales Flyers: Patrons can visit the [AAFES website](#) and sign up to receive free online sales flyers.

Arsenal Archive

Information for the *Arsenal Archive* is made available by the Rock Island Arsenal Museum. The Museum is open to the public, Tuesday through Saturday, 12-4 p.m. Closed Sunday, Monday, federal holidays, the Friday after Thanksgiving, and Christmas Eve. Admission is free. ([website](#))

This Week in Rock Island Arsenal History – March 25-31: On March 26, 1898, the RIA received orders to produce 25,000 complete outfits of infantry equipment. RIA Fire Department was organized on April 1, 1918, with the hiring of 20 firemen and a fire chief.

Healthbeat

Drug Costs Remain a Concern In Employee Health Program: The health

insurance program covering federal employees in 2014 will continue to emphasize cost controls for prescription drugs, which account for about 30 percent of the premiums, the Office of Personnel Management announced Thursday. “Maximizing the effective use of medications and controlling pharmacy costs should be a central theme of 2014 benefit proposals,” OPM said in its annual “call letter” to insurance companies participating in the Federal Employees Health Benefits Program. “Additionally, we seek to synchronize pharmacy benefit designs so that enrollees may make meaningful comparisons between plans.” ([More](#))

Bill Would Hold Down FEHB Drug

Prices: A House lawmaker has introduced a bill that would bolster oversight of the prescription drug benefits offered under the Federal Employees Health Benefits Program. The bill (H.R. 1367), the FEHBP Prescription Drug Integrity, Transparency, and Cost Savings Act, was introduced March 21 by Rep. Stephen Lynch, ranking member of the House Oversight and Government Reform Subcommittee on the Federal Workforce. ([More](#))

Don't Fall for Medicare Card Phone

Scam: Seniors nationwide are reporting scam phone calls informing them that a new Medicare card is in the mail. Hang up on suspicious callers and don't fall for this attempt to obtain your personal information. How the Scam Works: You answer the phone, and the unknown caller, often with an accent, claims to be with Medicare or another government office. He informs you that your new Medicare card is in the mail, and you will receive it in a few days. In the meantime, you need to set up your direct deposit so your Medicare funds can be deposited into your bank account. To do this, you just need to tell the caller your banking information information. He/she will take care of the rest. Of course, there is no new card and no direct deposit. The caller just wants you to share your banking information so he/she can steal from your account. ([More](#))

National Nutrition Month: The Army joins the Academy of Nutrition and Dietetics to commemorate March as National Nutrition Month. The campaign's focus is to educate people across the U.S., on how to make informed food choices to live a healthy and active life. The theme for this year, the 40th anniversary, is "Eat Right, Your



Way, Every Day." According to the 2010 dietary guidelines for Americans, fruits, vegetables, whole grains and low-fat dairy products, combined with lean proteins (meats, poultry, fish, beans, eggs and nuts) are foods to include as part of a healthy diet. One should also limit foods high in sugar, salt, refined grains, cholesterol and fat. ([More](#))

National Brain Injury Awareness

Month: Traumatic Brain Injury (TBI) is a disruption of brain function resulting from a blow or jolt to the head or a penetrating head injury. Causes of TBIs may include falls, motor vehicle crashes, injuries to the head during sports, and combat-related events such as blasts. Medical providers classify TBI as mild, moderate, severe, or penetrating primarily based on neurological status at the time of injury. The overwhelming majority of TBIs are mild, also known as "concussions." Early identification and receiving prompt medical care is essential to maximizing recovery. ([More](#))

Health Clinic Announcement: Sick Call hours 7-8 a.m. Lab closed **March 26**. Radiology closed **March 20-29**. Clinic closed Staff Meeting/Training **March 29** at 11:30 a.m. For any issues or concerns with the RIAHC clinic

please call our customer support line (309) 782-0721.

Notes for Veterans



Bill: Help More Blind, Disabled Vets

Get to VA: The Veterans Affairs Department should do a better job of helping blind and severely disabled veterans reach their medical appointments, say two House Democrats who have written a bill that would require VA to broaden its rules on paying for transportation for veterans. Rep. Julia Brownley, D-Calif., and Rep. Mike Michaud, D-Maine, introduced a bill Wednesday that would extend travel benefits to veterans with severe vision impairment or mobility problems related to spine injuries or multiple amputations, even if those conditions are not service-connected, if the veterans are receiving in-patient or specialty care under certain VA programs. ([More](#))

Carpooling Announcements



Submit carpooling announcements via the [Island Insight submission page](#). Please use that page to contact Garrison Public Affairs to take your

announcement off once you have found a ride.

Carpool:

- **Carpool:** Looking to join a carpool from around the Kewanee area. Current hours are 7 a.m. to 3:30 p.m., but can change. Call me at (563) 782-1115.
- **Carpool:** New hire with flexible hours seeking to pay for ride from Moline 9th & 53rd, (Franklin School area) (309) 757-5755.
- **Carpool:** Commuter traveling from Rio, Ill. on Route 150. Meet in Alpha, Ill. each day. If interested contact me at (309) 782-5472 or [email](#).
- **Carpool:** Looking to join a carpool from Albany or south along Illinois 84 southbound to Bldg. 102. If interested contact me at (309) 782-0841.

Around the Q.C.



April 6: [SFLC's Lids for Kids 5k Powered by Exelon Nuclear](#) (Sunset Park, 18th and 31st Avenue, Rock Island)
April 6: [Bandits Race to Home 5K](#) (Modern Woodmen Park)
April 7: [Gilda's Run for Laughs](#) (Waterfront Convention Center, Bettendorf)



April 13: [Inaugural Zombie Nation A Zombie!! Run!! a Zombie 5k Cross Country fun run](#) (Credit Island Park, Davenport)

April 14: [9th Annual Sylvan Island Stampede Mountain Bike Race](#) (Sylvan Island, Moline)

April 20: [Earth Week Fair](#) (QCCA Expo Center)

April 27: [Quad Cities Cruisers Cruise-In](#) (SouthPark Mall, Moline)

May 4: [Derby Day Party](#) (Arsenal Island Golf Course Clubhouse)

May 4: [Venus Envy](#) (Bucktown Center for the Arts, Davenport)

May 11: [11th Annual Miles for Melanoma](#) (Augustana campus)

May 11-12: [Beaux Arts Fair](#) (Figge Art Museum plaza, Davenport)

May 25: [Quad Cities Cruisers Cruise-In](#) (SouthPark Mall, Moline)

May 27: [Quad Cities Criterium](#) (Downtown Rock Island)

June 1: [Mel Foster Color the Quads 5K](#) (Cumberland Square, Bettendorf)

June 1-2: [QC Pridefest 2013, Bursting With Pride](#) (Mary's on 2nd, 832 West 2nd Street, Davenport)

June 7-8: [Gumbo Ya Ya - Mardi Gras in The District](#) (The District, Rock Island)

June 8: [Quad-Cities Comic Book Convention](#) (Ramada Inn, Bettendorf)

June 8: [Quad Cities Cruisers Open Run Car Show](#) (SouthPark Mall, Moline)

June 12-15: [Rally on the River](#) (Centennial Park, Davenport)

June 14: [Greek Cultural Festival](#) (Assumption Greek Orthodox Church, East Moline)

June 16: [Ride the River Bike Ride](#) (Davenport to Moline)

June 22: [Royal Ball Run 5K and Fun Run for Autism](#) (Milan Community Center)

June 22-23: [27th Annual Quad City Air Show](#) (Davenport Municipal Airport)

June 23: [Blossoms at Butterworth](#) (Butterworth Center, Moline)

June 24: [YSB-Whitey Verstraete Memorial Golf Outing](#) (Pinnacle Country Club, Milan, Ill.)

June 25-29: [Rock Island County Fair](#) (Fairgrounds, East Moline)

June 27-29: [Antique Automobile Club of America Grand National Show](#) (John Deere Commons, Moline)

July 3: [Red, White & Boom!](#) (The District, Downtown Davenport)

July 4-6: [Mississippi Valley Blues Festival](#) (LeClaire Park, Davenport)

July 8-14: [John Deere Classic PGA Tour](#) (TPC Deere Run, Silvis)

July 13: [Quad Cities Cruisers Cruise-In](#) (SouthPark Mall, Moline)

July 19-21: [USA BMX National Championships](#) (East Moline BMX Speedway)

July 19-20: [Heartland Jam](#) (Centennial Park, Downtown Davenport)

July 26-27: [Downtown Street Fest](#) (Downtown Davenport)

July 27: [Bix 7 Run/Walk](#) (Downtown Davenport)

July 30-Aug. 4: [Great Mississippi Valley Fair](#) (Mississippi Valley Fairgrounds, Davenport)

Aug. 1-4: [Bix Beiderbecke Memorial Jazz Festival](#) (LeClaire Park and RiverCenter)

Aug. 8-10: [Tug Fest](#) (LeClaire, Iowa and Port Byron, Ill.)

Aug. 9-10: [Ya Maka My Weekend](#) (The District, Rock Island)

Aug. 10: [Quad Cities Cruisers Cruise-In](#) (SouthPark Mall, Moline)

Aug. 10-17: [ISC Men's Fastpitch World Tournament](#) (Greenvalley Sports Complex, Moline)

Aug. 16-17: [River Roots Live](#) (Downtown Davenport)

Aug. 17: [Floatzilla](#) (Sunset Marina, Rock Island)

Aug. 24: [Quad Cities Irish Festival](#) (Rock Island)

Aug. 22-25: [World Series of Drag Racing](#) (Cordova Dragway)

Aug. 31-Sept. 1: [Rock Island Grand Prix](#) (Downtown Rock Island)

Sept. 7: [Quad City Symphony Riverfront Pops](#) (LeClaire Park, Downtown Davenport)

Sept. 7: [¡VIVA! Quad Cities](#) (Isle Casino Hotel Bettendorf)

Sept. 7-8: [Beaux Arts Fair](#) (Downtown Davenport)

Sept. 14: [Quad Cities Cruisers Cruise-In](#) (SouthPark Mall, Moline)

Sept. 21: [Brew Ha Ha](#) (LeClaire Park, Davenport)

Sept. 21: [Celtic Festival & Highland Games](#) (Centennial Park, Davenport)

Sept. 21-22: [Riverssance Festival of Fine Arts](#) (Village of East Davenport)

Sept. 22: [Quad Cities Marathon](#) (Downtown Moline)

Sept. 27-29: [Hot Air Balloon Festival](#) (Kennedy Square, East Moline)

Oct. 12: [Trinity Quad Cities Classic Regatta](#) (On the Mississippi River in Moline)

Oct. 12: [Quad Cities Cruisers Cruise-In](#) (SouthPark Mall, Moline)

Oct. 24: [Fright Night](#) (The District, Rock Island)

Oct. 26: [Witches Walk](#) (Downtown LeClaire)



Oct. 26: [Lagomarcino's Cocoa Beano 5K Race](#) (Sylvan Island)

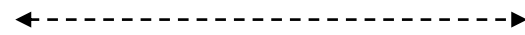
Oct. 26-27: [Boo at the Zoo](#) (Niabi Zoo, Milan)

Nov. 15-24: [Quad City Arts Festival of Trees](#) (RiverCenter, Davenport)

Nov. 16: [Festival of Trees Parade](#) (Downtown Davenport)

Nov. 16: [Lighting on the John Deere Commons and Holiday Pops Concert](#) (Downtown Moline)

Dec. 1: [19th Century Christmas](#) (Butterworth Center, Moline)



Island Insight

Joel Himsl, Garrison Manager; **Eric Cramer**, Public Affairs Officer; **Mark Kane**, Editor

The Army publication, *Island Insight*, is an unofficial publication authorized under [AR 360-1](#) to provide information on people, policies, operations, technical developments, trends and ideas of, about, and of interest to the Rock Island Arsenal community. It is published weekly using word processor software and Adobe PhotoShop using Portable Document Format reproduction for online distribution with the use of federal funds under provisions of [AR 360-1](#) by the Rock Island Arsenal Garrison Public Affairs Office. Contents of *Island Insight* are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense, or the Department of the Army. The views and opinions expressed are not necessarily those of the Garrison or the Department of the Army.

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Training, Discipline and Standards

Training, discipline and standards are the bedrock of our Army, and as Soldiers, you've been taught what right looks like. As leaders, you have a duty and a responsibility to maintain standards in your formations. You also have an obligation to your Soldiers and their families to manage risk and take action to correct problems. In our fight against accidental injuries and fatalities, knowledge is the weapon of choice.

know the signs

DO WHAT'S RIGHT

ARMY STRONG

US ARMY GARRISON ROCK ISLAND ILLINOIS
<https://782572.strong.mil>

Easter by the Numbers

(A.K.A. Our Easter Candy Shame)

Easter kicks off Spring the right way: kids running around the yard looking for hidden eggs, while the adults take pictures and sneak candy out of the kids' baskets. How much Easter candy do Americans eat? We've got the numbers below:

Bonus! There are 18 chocolate bunnies in this graphic. Can you find them all?

Trend 1: Easter spending is on the rebound...

Year	Average Easter Spending by Year
2007	\$130
2008	\$130
2009	\$115
2010	\$118
2011	\$130

This year: \$131 per household, or \$14.7 BILLION total

Trend 2: Easter CANDY spending hardly suffered...

Year	Average Easter Candy Spending by Year
2007	\$20
2008	\$20
2009	\$18
2010	\$19
2011	\$20

90% Plan on buying candy. Sad Easter for the other 10%

Do you plan to celebrate Easter?

No (19.8%)
Yes (80.2%)

Americans buy over **120 million pounds** of candy for Easter. That's enough to max out over

4,615 Dump Trucks

16 billion Jelly beans are made for Easter

Stacked end to end, 16 billion jelly beans would circle the globe nearly 3 times!

